



Recent CSM Class in Wilmington, NC



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Last month, NASP had the pleasure of conducting our first Certified Safety Manager (CSM) Course here in the Port City of Wilmington, NC. Once again, 30 students from around the United States (15 different states) and even the world (including Saudi Arabia and Peru) converged to the East Coast and experienced a week of fun, excitement and the latest techniques in how to develop a true safety culture.

One of our students recently emailed this regarding the course, 'I've been doing safety for over 15 years and yet I learned so much. GREAT course!'

Why is this our most popular course and why do people choose to go to the classroom version of this certification instead of taking online? The benefits the CSM classroom are numerous:

- More emphasis on how to properly train adults (including effective facilitation techniques)
- Discussions with like-minded safety personnel worldwide to determine safety strategies
- Excellent student to instructor interaction to aid in problem solving at your facility
- Networking potential with other safety professionals for years to come
- Additional training resources that you do not receive with the online version
- And, of course, getting it done quickly, and having the certification at the end of the week!



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We only hold this class once a quarter and the LAST CSM CLASS OF 2017 will be held the week of October 23-27 in Memphis, TN. This class is already filling up, so do NOT procrastinate. Click [here](#) to register now.



Continued Violence in the Workplace

It's a sad commentary that violence in the workplace ranks as one of the top killers in the United States. And this year certainly doesn't seem to be an exception. Just two weeks ago, a disgruntled employee walked into the back (unlocked) entrance of a small boat awning manufacturing plant in Orlando and shot and killed five co-workers before turning the gun on himself.

On June 14th, it happened yet again at a UPS facility in San Francisco. Employees at the facility fled in terror screaming, "Shooter! Shooter!" as a gunman opened fire, killing three people and wounding two others before turning the weapon on himself as police closed in.



News sources have identified the assailant as 38-year-old Jimmy Lam of San Francisco. A UPS spokesman said Lam – who was wearing a UPS uniform at the time of the attack -- was an employee of the company. He was described in reports as having mental issues and being estranged from his wife.

Although the incident is still under investigation, police believe it is not related to terrorism and that the shooter acted alone. Police are busy interviewing witnesses to the carnage, who number in the hundreds.

Incidents like this are all too familiar. If your company has not performed a vulnerability assessment and implemented a Violence Prevention Program that includes training on how to respond in an active shooter situation, then it is highly recommended that you do so immediately. You can start with a quick checklist to determine how high your risk is by clicking [here](#). If you would like a professional from NASP to perform a comprehensive site assessment and/or site-specific training as it pertains to violence prevention, click [here](#) now.

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Newest NASP Franchisee



We would like to congratulate and welcome our newest NASP franchisee out of India, Akbar HSE Training. Akbar HSE Training & Consulting is a Health, Safety, and Environmental (HSE) Training organization which provides a variety of commercial safety (both nationally and internationally accredited) and full range of Health, Safety and Environment related courses including specifically tailored training courses for Construction, Offshore, and General Industry. Founded in June 2009, the Academy was established to meet the growing demand for high quality, standardized health and safety training in India and areas of the Middle East. Forging ahead to consistently exceed the needs and expectations of its clients, Akbar HSE delivers flexible safety training solutions that equip the workforce to deal with real life risks and circumstances in all related fields. Akbar HSE has become the most-sought-after training provider due to its emphasis in providing only the highest quality standards in training. To learn more about this fine organization, click [here](#).

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Top 5 Ways to Prevent Heat Stress

As temperatures rise this summer (and we are already breaking records again in several parts of the country), the need for protecting workers from heat stress has never been greater. Recent estimates include at least 30 workers who have died on the job due to heat stroke. This is unacceptable and easily preventable. The following is a list of ways to prevent work related illness as it pertains to heat stress:



1. Make sure to have plenty of fluids on hand

Workers need plenty of water (or low sugar versions of drinks that replenish electrolytes) throughout the day - approximately every 15 minutes - in hot conditions and shouldn't wait until they feel thirsty. Researchers state that an individual should be drinking a half gallon of water per day even if they are NOT working in the hot sun. This amount could be doubled, tripled or more, depending on the heat and the work being done. Stay Hydrated (before or while working) instead of rehydrating!

2. Schedule rest breaks to help your body recover

It is advised that workers should rest in the shade or in air-conditioning when possible to help cool down. Utilize or add cooling stations on worksites when possible with tools such as a portable evaporative cooler that work on a standard 110-V electricity supply.



3. Stay aware of conditions with your phone or tablet, especially if working outdoors

Working in full sunlight can increase heat index values by 15°F. (click [here](#) for information on a heat app that you may download to your phone). If you have new employees, allow them to become acclimated to excessive heat. Start with a couple of hours per day and then slowly increase the amount of time, if possible.



4. Inform Workers

Be sure workers are informed by reviewing the heat illness signs and symptoms, such as headache, dizziness and nausea. Training in this area is imperative.

5. Use a buddy system

Encourage workers to monitor each other for signs and symptoms of heat-related illness.

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NEW!! Certified Environmental Manager (CEM) and Hydrogen Sulfide Safety Train-the-Trainer Online Courses



Certified Environmental Manager (CEM) Online Course

NASP is extending its professional certifications by creating additional environmental professional certifications. Many of you have requested this type of certification as you have both safety and environmental responsibilities or because you wish to broaden your opportunities for future jobs. 65% of safety professionals also have environmental responsibilities. This is a comprehensive overview of the environmental field. For more information, click [here](#).

Hydrogen Sulfide Safety Train-the-Trainer Online Course

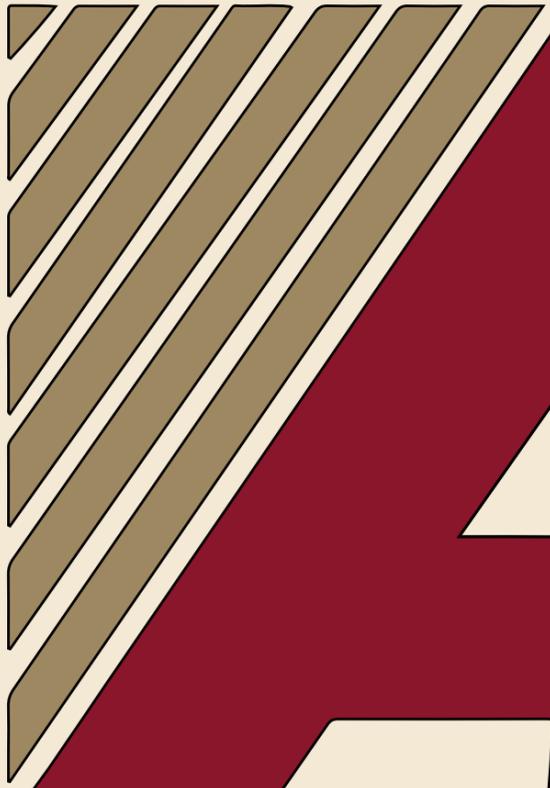
Also, many of you in the oil and gas industry, wastewater treatment and some sectors of general industry have been requesting specific on-line courses in Hydrogen Sulfide Safety Training. Your requests have not gone unnoticed! Introducing the NASP Hydrogen Sulfide Safety Train-the-Trainer Course. Hydrogen sulfide is an extremely hazardous chemical and leads to a reported nine deaths annually in the US alone (BLS statistics). Learn everything you need to know and use these qualifications to train others in your facilities. Click [here](#) to register for this new, interactive course.

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National Association of Safety

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Professionals

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